How to Use this Cash Flow Template

All you need to know is 3 simple things.

- 1. Fill in boxes with yellow highlighted text. Please be aware that boxes with black text are links or equations.
- 2. Instructions will be highlighted green.
- Cells with a red flag in the corner signify a helpful hint.To view the comment just point your mouse on the red flag.
- 4. This workbook is a template and is meant for you to customize to fit your business needs.

Terms

Assumptions Sources One-Time Start-Up Costs Direct Costs:
Inderect Costs:
COGS Gross Profit Net Profit -

[BUSINESS NAME] Start-Up Cash Projection

Use this tab to determine available cash and start-up costs.

	Start-Up	Assumptions:
Sources of Cash		
Personal Cash	\$0	
Cash From Friends & Family	\$0	
Private Investors	\$0	
Total Loans	\$0	
Total Grants	\$0	
Other	\$0	
Total Cash Raised	\$0	
One-Time Start-Up Costs		
Advertising (Start-Up Only)	\$0	
Beginning Product Inventory	\$0	
Construction/ Remodeling	\$0	
Furniture/ Decorations	\$0	
Fixtures and Equipment	\$0	
Insurance Fees (One-Time)	\$0	
Licenses and Permit Fees	\$0	
Professional Fees (Contractor, Lawyer, etc.)	\$0	
Rent & Realtors Fee (One-Time)	\$0	
Utility Set-Up Costs (One-Time)	\$0	
Unanticipated Costs (10% of Total)	\$0	
OTHER	\$0	
Total One-Time Start-Up Costs	\$0	
-		_
Total Cash Balance (Working Cap)	\$0	

Cost of Goods Sold

Use this tab to detail all of the Costs that go into each unit that you sell.

Only DIRECT costs are used in determining your COGS.

Consider all the materials that go into making your product.

Example if you run a bakery and you sell Brownies your COGS for a Brownie would look like this:

To make a Brownie you will need: Flour, Sugar, Chocolate, Butter

		# of brownies made	Cost per
Material	Cost per Material	from 1 Material	Brownie*
Flour	\$3	96	\$0.03
Sugar	\$2	192	\$0.01
Chocolate	\$4	12	\$0.33
Butter	\$5	72	\$0.07

* Cost per brownie is the 'Cost per Material' divided by '# of Brownies made from 1 Material'

Material	Cost per Material	# of products made from 1 Material	Cost per Product
			0
			0
			0
			0
			0

Material	Cost per Material	# of products made from 1 Material	Cost per Product
			0
			0
			0
			0
			0

Material	Cost per Material	# of products made from 1 Material	Cost per Product
			0
			0
			0
			0
			0

Now you have Priced out the unit cost of each Revenue Material.

Use this information to fill in the Price for the Cost per Unit in your Sales & COGS tab.

You should think about if the Price of any of your Costs will change over the months.

If your Cost per Unit remains the same per month you can just keep it the same.

Brownies Costs

Flour	\$0.03
Sugar	\$0.01
Chocolate	\$0.33
Butter	\$0.07
Total Cost of a Brownie	\$0.44

Now you should break out the costs of each of your Revenue Materials:

Revenue Source 1 Costs

	0.00
	0.00
	0.00
	0.00
	0.00
Total Cost of Revenue Source 1	\$0.00

Revenue Source 2 Costs

	0.00
	0.00
	0.00
	0.00
	0.00
Total Cost of Total Revenue Source 2	\$0.00

Revenue Source 3 Costs

	0.00
	0.00
	0.00
	0.00
	0.00
Total Cost of Revenue Source 3	\$0.00

Revenue Details - Year 1	Year 1											
	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
Revenue Source 1												
Price	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Quantity	0	0	0	0	0	0	0	0	0	0	0	0
Total Revenue Source 1	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Revenue Source 2												
Price	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Quantity	0	0	0	0	0	0	0	0	0	0	0	0
Total Revenue Source 2	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Revenue Source 3												
Price	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Quantity	0	0	0	0	0	0	0	0	0	0	0	0
Total Revenue Source 3	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Total Year 1 Revenues	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

Cost of Goods Sold (COGS)- Year 1	Year 1											
	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
Cost Source 1												
Cost	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Quantity	0	0	0	0	0	0	0	0	0	0	0	0
Total Cost Source 1	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Cost Source 2												
Cost	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Quantity	0	0	0	0	0	0	0	0	0	0	0	0_
Total Cost Source 2	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Cost Source 3												
Cost	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Quantity	0	0	0	0	0	0	0	0	0	0	0	0
Total Cost Source 3	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Total Year 1 Cost of Goods Sold	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

[BUSINESS NAME] Year 1

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	YEAR 1	%
BEGINNING CASH BALANCE	0	0	0	0	0	0	0	0	0	0	0	0	o	
REVENUES														
Revenue Source 1	0	0	0	0 0	0	0	0	0	0	0	0	0	0	#DIV/0! #DIV/0!
Revenue Source 2 Revenue Source 3	0 0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0! #DIV/0!
TOTAL REVENUES	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
COST OF GOODS SOLD														
Cost Source 1	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Cost Source 2	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Cost Source 3	0	0	0	0	0	0	0	0	0	0	0 0	0	0	#DIV/0!
TOTAL COST OF SALES	0	0	0	0	0	U	0	0	0	0	U	0	0	#DIV/0!
GROSS PROFIT	•	•		•	•								•	"D" "O
Gross Profit for Revenue Source 1 Gross Profit for Revenue Source 2	0 0	0	0	0 0	0	0	0	0	0	0	0	0	0 0	#DIV/0! #DIV/0!
Gross Profit for Revenue Source 3	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
TOTAL GROSS PROFIT	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
GENERAL & ADMINISTRATION General Variable														
Advertising	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Payroll (Excluding Salary of Owner)	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Sales Commissions Credit Card Fees	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0! #DIV/0!
Delivery Charges	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0! #DIV/0!
Equipment Expenses	0	0	0	0	Ö	0	0	0	0	0	0	0	0	#DIV/0!
Maintenance and Repairs Costs	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Insurance (Health & Business)	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Office Supplies	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Professional Fees (Lawyers, Accountant, etc.) Telephone Bill	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0! #DIV/0!
Utilities (Electric, Gas, Water)	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Miscellaneous	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
General Fixed														
Loan Payments	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Licenses and Permits Dues and Subscriptions	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0! #DIV/0!
Bank Service Fees	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
Rent	0	Ö	ő	Ö	Ö	ő	ő	Ö	Ö	Ö	Ö	Ö	0	#DIV/0!
OTHER	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
TOTAL GENERAL & ADMISTRATIVE	0	0	0	0	0	0	0	0	0	0	0	0	0	#DIV/0!
CASH PROFIT	0	0	0	0	0	0	0	0	0	0	0	0	0	
PRE-TAX PROFIT	0	0	0	0	0	0	0	0	0	0	0	0	0	
Less: Business Taxes @ 35%	0	0	0	0	0	0	0	0	0	0	0	0	0	
NET PROFIT	0	0	0	0	0	0	0	0	0	0	0	0	0	
Less: Owner's Draw	0	0	0	0	0	0	0	0	0	0	0	0	0	
NET CASH FLOW	0	0	0	0	0	0	0	0	0	0	0	0	0	
Break-Even Sales	0	0	0	0	0	0	0	0	0	0	0	0	0	
ENDING CASH BALANCE	0	0	0	0	0	0	0	0	0	0	0	0	0	
Seasonality	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!										

[BUSINESS NAME] Assumptions

Use this tab to fill in the details about each general and administrative costs.

To get you started we have listed all of your General and Administrative Costs so you can easily put in details below.

Helful Hints:

Describe how you came up with the costs associated with each category. (Source of information, vendor, cost, occurrence).

List vendor information (i.e. Verizon, KeySpan, ConED) and get a quote if possible.

If the expense is variable show the calculation for determaning the monthly expense.(i.e. bank fees based on Credit Card transactions). If the expense varies from month to month explain seasonality and trends.

Example: 1 print Ad in Daily News \$100/per month, radio ad aired once a week on K100 \$250/month, Printing of 100 flyers \$50. \$100+250+50=400

Total advertsing per month = \$400

Advertising	
Payroll (Excluding Salary of Owner)	
Sales Commissions	
Credit Card Fees	
Delivery Charges	
Equipment Expenses	
Maintenance and Repairs Costs	
Insurance (Health & Business)	
Office Supplies	
Professional Fees (Lawyers, Accountant, etc.)	
Telephone Bill	
Utilities (Electric, Gas, Water)	
Miscellaneous	
Loan Payments	
Licenses and Permits	

[BUSINESS NAME] Assumptions	
Dues and Subscriptions	
Bank Service Fees	
Balik Service Fees	
Rent	
OTHER	